



# Summer Teen Programs The Sertoma Arts Center

1400 W Millbrook Rd.  
Raleigh, NC, 271612 (919) 420-2329

## **Art – Kids Cartooning**

Location: Sertoma Arts Center

Age: 10-15yrs. This class will focus on how to draw cartoon characters with complete backgrounds, and introduce students to the basic, core techniques of cartoonists, using pencils, pens and colored pencils. We will also learn how to come up with jokes and stories for our characters. Richard Cloudt instructs. Class Fee: \$60

#108239 May 3-Jun 7 T 4:00-5:30pm

## **Art – Advance Kids Cartooning**

Age: 10-15yrs. Students will move past drawing single takes of characters to writing

and drawing comics in sequences of panels. You will explore techniques such as quill pens and brushes, inks and watercolors.

Prerequisite: Cartooning I or permission. Richard Cloudt instructs. Class Fee: \$60

#108290 Jun 14-Jul 19 T 6:00-7:30pm

## **Art – Basic Drawing Techniques from Contemporary Still Life**

Age: 12-16yrs. This class will begin with basic concepts on value, perspective and loosening up techniques. A contemporary still life will be the subject matter as we begin with quick gestural drawings and gradually move into longer timed drawings. This class is for anyone who wants to loosen up and learn the freedom that comes after learning the basics. Julee Thompson instructs.

Class Fee: \$70

#107909 Jun 17-Jul 22 F 9:30-11:30am

## **Art – Finding Your Inner Artist**

Age: 10-14yrs. This class will encourage a positive environment for kids to learn basic drawing and painting techniques, as well as allow for freedom and space to go outside the box with their own unique creative perceptions. There will be creative still life placements used as props for drawings and paintings. \*Students may bring a special item to contribute to the still life, if desired.

Julee Thompson instructs. Class Fee: \$70

#107908 Jun 13-23 M-Th 1:00-3:00pm

## **Art – Marbleizing Paper**

Age: 12-16yrs. This class will demonstrate the technique of marbleizing paper. In addition to learning the process, students will experience color mixing and exploring shapes and movement within this technique. Finished papers may then be used to create greeting cards, collage and more! Julee Thompson instructs. Class Fee: \$75

#108533 Jun 27-30 M-Th 1:30-3:30pm

## **Art – Teen Learn To Paint**

Age: 12-16yrs. This class will give teens a starting point for learning how to paint. They will begin by learning the basics of color, brush strokes and painting media in order to transfer these techniques to acrylic painting on canvas. Students will paint from life as well as two dimensional references that they wish to bring in or borrow from the site. Julie Greenberg instructs. Class Fee: \$70

#107401 Jul 26-Aug 30 T 4:00-6:00pm

## **Photography – Youth and Teen Outdoor Nature Photography**

Age: All Ages. Do you love nature and outdoor creatures? Then this is class for you! Learn how to compose images in an outdoor setting at Shelley Lake and Park. This class will help you with your camera while learning to photograph the Great Outdoors and its inhabitants. Students will learn tricks of the trade at the Sertoma Arts Center before heading outside to shoot. This class is for all levels. Students must bring their own camera, any kind will work! This is a 3-day class. Sol Levine instructs. Class Fee: \$70

### **Ages: 9-12**

#107201 May 23-25 M-W 10:00am-12:00pm

### **Ages: 13-17**

#107202 Jun 13-15 M-W 10:00am-12:00pm



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## **Musical Theatre Production**

Age: 8-16yrs. In this two-week course, participants will build skills in acting, singing, and dance. Students will also delve into musical theatre production practices as they produce and are cast in Disney's Mulan Jr. Performance will be Saturday, July 23 at 1:00pm. Instructor: Cathy Minjkives. Cathy teaches theatre and directs shows for Wake County Schools. Class Fee: \$300

#106900 Jul 11-23 M-Sa 11:00am-5:00pm (no class July 16)

## **Youth Workshop Series – Beautiful Ink**

Age: 10-15yrs. Students will begin with a guided drawing, define it with a quill pen, and add lasting beauty with colored ink or watercolor paint. For beginning and continuing students. Three consecutive sessions. Anna Sanderson instructs.

Class Fee: \$75

#106666 Jul 25-27 M-W 1:00-3:00pm

## **Youth Workshop Series – Wonders of Drawing**

Age: 9-15yrs. This class is for beginning and advanced students who want to improve their drawing skills. Discover and enhance the satisfaction of expressing what you see in your own individual way. Three consecutive sessions. Anna Sanderson instructs.

Class Fee: \$75

#106663 Jul 11-13 M-W 1:00-3:30pm

## **Art – Teen Mural Painting**

Age: 13-18yrs. Perfect skills class for the teen interested in learning how to paint large murals both indoor and out! They'll learn how to plan, layout and execute their designs. Last class will also help them learn how to price their murals. A \$12 dollar supply fee is due to instructor it includes a 32 x 40 mural surface, paints and brushes. Students must supply their own 8 "x10" or 9 "x12" sketch book and a basic set of markers. This workshop is a perfect opportunity for bringing in teens and helping them see real life applications for their art skills. Theresa Brown, instructs. She is a working, professional artist who holds nationwide marketing seminars and whose art marketing expertise can be found at

www.ArtCareerExperts.com. Class Fee: \$70

#109871 May 5-Jun 9 Th 4:30-6:30pm

## **Handbuilding for Youth and Teens**

Age: 9-15yrs. Students work with real clay and learn various methods of constructing pottery, such as pinch, coil, and slab to form their own unique creations. Pieces will be glazed during the last class and student can pick up finished work after course is completed. Mira (Woodell) Casile instructs. Class Fee: \$52

#107939 May 12-Jun 2 Th 4:15-5:30pm

#107940 Jun 16-Jul 7 Th 2:30-3:45pm

#107941 Jul 21-Aug 11 Th 4:15-5:30pm

## **Pottery – Teen Wheel Throwing**

Age: 13-16yrs. Teens learn the basics of throwing pots on the potters wheel. Class time includes throwing demonstrations followed by practice time on the wheel. Students work at their own level so teens with previous throwing experience are welcomed. Class ends with glazing all pots for firing, which can be picked up by the students after class has ended. This class does not qualify participants for a Studio Card. 6 sessions. Mira (Woodwell) Casile instructs. Class Fee: \$80

#107944 Jun 16-Jul 21 Th 6:00-8:00pm

## **Drawing – Basic Techniques**

Age: 16yrs and up. This class is for beginners and those who need a refresher. Explore contour, proportion, perspective, form, and value. It is recommended to take a drawing course before any painting course. This will provide a great foundation.

Students should receive supply list upon registration. Call Sertoma at 420-2329 if you do not receive your list. Instructors: Cindy Mounce (days), Chelsea Brown (nights, summer session). Class Fee: \$84

#106661 Jun 15-Jul 20 W 9:30am-12:00pm

#107934 Jun 15-Jul 20 W 7:00-9:30pm



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## **Drawing – Caricature**

Age: 16yrs and up. This workshop is for daring adults already adept at drawing a likeness and ready to take on the art of exaggeration. We will touch on the masters—from Daumiere to Hirschfeld, study natural and editorial caricature; then, starting with pencil and moving to professional caricature markers, students will draw from photos they bring of people they would like to draw. 'If a portrait should look like the subject, then a caricature should look even more like the subject—than the subject does.' Richard Cloudt instructs. Class Fee: \$40

#108289 Jul 9 Sa 10:00am-1:00pm

## **Drawing/Painting – Open Model Studio**

Age: 16yrs and up. Model Study is a non-instructional studio geared towards artists who want to work with live models. It enables artists working in wet or dry media the opportunity to complete a figurative work. Participants are required to bring their own supplies. A minimum of 6 pre-registered participants is required for the program to take place. This class is monitored by Sertoma approved staff. It is timed allowing for model breaks. We will do the best we can to book the same model for at least 2 weeks in a row. Each session is 4 weeks. All models are fully clothed. Class Fee: \$40

#109293 May 8-29 Su 1:30-4:30pm

#109294 Jun 5-26 Su 1:30-4:30pm

#109295 Jul 10-31 Su 1:30-4:30pm

#109296 Aug 7-28 Su 1:30-4:30pm

## **Jewelry – Lovely Leftover Necklaces and Bracelets**

Age: 16yrs and up. Pull out your leftover seed beads, pearls, etc. or choose some favorite colors to create these two necklaces. These are simple, inexpensive and lovely. See example at [www.jamieartandphotography.com](http://www.jamieartandphotography.com). Jamie Miller instructs. If you did not receive your supply list please call 420-2329. Class Fee: \$45

#109274 Aug 3-17 W 6:30-9:30pm

## **Jewelry – Simple Spiral Bracelet**

Age: 16yrs and up. Using a simple, straightforward method of right angle weave, we will create a lovely bracelet that looks like a spiral rope. Examples can be seen at [www.jamieartandphotography.com](http://www.jamieartandphotography.com). Jamie Miller instructs. If you do not receive your supply list call 420-2329 and we will send it or email it to you. Class Fee: \$40

#109247 Aug 13 Sa 1:00-4:45pm

## **Jewelry – String Beading with Gem Show Field Trip**

Location: Sertoma Arts Center Age: 16yrs and up. Create your own semiprecious jewelry masterpiece(s) of your own design. Class will include a trip to the Jewelry and Gem show at the State Fairgrounds on Sunday, June 12 where students will purchase their material. First class is mandatory. No prior experience needed. Gem show details will be provided in the first class, all students are responsible for their own transportation. Marla Ainspan instructs. If your supply list does not print on your confirmation please call 919-420-2329. Class meets on June 12 for field trip. Class Fee: \$45

#108536 Jun 6-Jul 4 M 6:30-9:00pm (no class Jun 13)

## **Mat Cutting – Mat Cutting Basics**

Age: 16yrs and up. This class is for those wishing to learn basic mat design and cutting. This class will qualify you to use the center's C&H professional mat cutter, paper cutter and shrink wrapping equipment. In addition image mounting preparatory to framing and shrink wrapping will be covered. The student will design and cut a single mat during the class. Instruction will also be provided for designing and cutting of double mats. Glen Wells instructs. Student must bring a photo or artwork to mat in class (no larger than 11'x14') and their own mat board and foam core large enough to mat their art at least once. Class Fee: \$28

#106882 May 11 W 6:00-9:00pm

#106883 Jun 2 Th 6:00-9:00pm

## **Mixed Media – Photomontage Collage**

Age: 16yrs and up. "Repurpose" images from printed materials (magazines, catalogs, photographs) to make beautiful and/or humorous, imaginative works of art. In this class we will create works that have special meaning to each participant as we consider and incorporate personal symbolism. Projects will include self-portraits, memories, and dreams. Liz Roetzel instructs. Class Fee: \$84

#108538 Jun 15-Jul 20 W 7:00-9:00pm



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### **Painting – Adventures in Watercolor**

Age: 16yrs and up. Explore all the essential watercolor basics and the 'rules' and 'no-rules' of watercolor. Gain confidence in using this incredible medium. Learn what you need to know to paint beautiful watercolors, while creating several no-stress paintings in class. This class is for beginners and those who want to strengthen their skills. Students should receive supply list upon registration. Call Sertoma at 420-2329 if you do not receive your list. Laura Azzi instructs. Class Fee: \$84

#108292 May 4-Jun 8 W 1:00-3:30pm

#108293 Aug 3-Sep 7 W 1:00-3:30pm

#108317 May 5-Jun 9 Th 7:00-9:30pm

#108318 Jul 28-Sep 1 Th 7:00-9:30pm

### **Painting – Beginning Acrylics**

Age: 15yrs and up. This basic class offers students a gentle introduction to acrylic painting or a reintroduction to basic concepts, with a focus on getting started. Students will work from life using simple still-life arrangements, from their own photos, or their imagination. Students will learn about materials, color mixing, shape, and perspective. Informal lessons, paint along demonstrations will assist as you learn at your own pace. Supply list will be provided. Larry Dean instructs. Students should receive supply list upon registration. Call Sertoma at 420-2329 if you do not receive your list. Class Fee: \$84

#106659 May 3-Jun 7 T 1:00-3:30pm

### **Painting – Beginning Painting**

Age: 16yrs and up. This beginning class offers students a gentle introduction to painting or a reintroduction to basic concepts, with a focus on getting started. Students will work from life using simple still-life arrangements, from their own photos, or imagination. Students will learn about materials, color mixing, shape, and perspective. Informal lessons, paint-along demonstrations will assist as you learn at your own pace. Students may work in acrylics, or traditional oil paints. Larry Dean instructs. Class Fee: \$84

#106653 May 3-Jun 7 T 6:30-9:00pm

### **Painting – Continuing Acrylics**

Age: 16yrs and up. Students have usually taken a beginning class. Students will work on projects of their own choice. They may also bring works in progress. Instructions will include more about color mixing, shape, and perspective. Informal advice will assist as you learn at your own pace. Subjects covered range from selecting a subject to varnishing the finished work. Supply list will be provided. Larry Dean instructs. Students should receive supply list upon registration. Call Sertoma at 420-2329 if you do not receive your list. Class Fee: \$70

#106660 Aug 2-30 T 1:00-3:30pm

### **Painting – Continuing Painting**

Age: 16yrs and up. Students have usually taken a beginning class. Students will work on projects of their own choice. They may also bring works in progress. Instructions will include more about color mixing, shape, and perspective. Informal advice, paint-along demonstrations will assist as you learn at your own pace. Subjects covered go from selecting a subject to varnishing the finished work. Students may work in acrylics, or oil paints. Larry Dean instructs. Class Fee: \$84

#106656 Jul 26-Aug 30 T 6:30-9:00pm.

### **Painting – Painting without Fear**

Age: 16yrs and up. This beginning painting course will give students basic techniques and familiarity with the materials for painting with acrylics. Loosen up and let the paint do the talking, creating paintings from photographs that have the freshness of plein air. Larry will demonstrate how to exaggerate the color in a photograph and to apply a bright underpainting in acrylic. We will explore subjects using photography as a useful tool. Emphasis will be on color mixing, perspective, color choices, editing and composition. Step-by-step projects will lead to surprising results in an atmosphere of fun and discovery. Students should come to class with a selection of photos. Lots of individual attention will be provided. Supply list will be provided. Larry Dean instructs. Class Fee: \$84

#106658 Jul 25-Aug 29 M 6:30-9:00pm



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## **Painting Workshop – Watercolor Sampler**

Age: 16yrs and up. Basic Watercolor Sampler Do you want to try watercolor painting before you sign up for a whole course? Than this is the class for you! Students learn the basic brush strokes, color mixing, and applying water media paint, composition, and color theory. Come express your creative self through watercolor! Students should receive supply list upon registration. Call Sertoma at 420-2329 if you do not receive your list. \$20 supply fee due to instructor students do not have to bring any supplies. Laura Azzi instructs.

Class Fee: \$38

#108322 Aug 12 F 9:30am-12:45pm

## **Photography – Advance Digital Photography**

Age: 16yrs and up. This course is for those who have taken an intro digital photo course/understands aperture, shutter, and ISO settings. You will move into advanced amateur/semi-pro status as a photographer. You will be able to identify the conditions for using aperture and shutter priority or manual modes, perform custom white balances, interpret histograms, understand metering, set custom functions in their cameras, 'drag' the shutter, clean their sensors, understand the legal rights of photographers, use exposure bracketing, become with external flash techniques and have basic knowledge of camera raw imagery and composition. This is a hands-on class, so bring your DSLR or advanced Point and Shoot, its manual, batteries and memory to every class. (This is a 2-week class). A \$15 supply fee is due to instructor. Theodore

Salamone instructs. Class Fee: \$70

#108508 Jul 26-Aug 9 T 6:30-9:30pm

## **Photography – Darkroom Guided Open Studio**

Age: 16yrs and up. The black and white darkroom facility has 6 enlargers for use. Participants must purchase chemicals from Sertoma and provide their own paper each visit. Participants must be at least 16 years old, have take and completed either Beginning or Intermediate Darkroom at Sertoma or provide proof of experience and sign a studio usage agreement Studio is available for use during scheduled times only. Dates and Times are subject to change. Open Studio does not include formal instruction; it is run by Sertoma Approved Monitors Only. Anyone not in compliance with the studio policies and procedures may lose their privileges. Studio must meet the minimum enrollment to run. If there is space available once the class meets minimum enrollment drop in rates may be available. Call 420-2329 to check availability. Advance Registration is advised. Class Fee: \$35

#107116 May 2-23 M 7:00-9:30pm

#107128 Jun 6-27 M 7:00-9:30pm

#107129 Aug 1-22 M 7:00-9:30pm

#107130 May 7-28 Sa 10:30am-1:00pm

#107131 Jun 4-25 Sa 10:30am-1:00pm

#107132 Aug 6-27 Sa 10:30am-1:00pm

## **Photography – Basic Digital Photography**

Age: 16yrs and up. This course is ideal for anyone who owns a digital camera (DSLR or Point and Shoot) or is interested in buying or upgrading one. Students will be able to download images to a computer, email images, achieve correct exposures, avoid red-eye, understand color space and white balance, and maintain their cameras and lenses, and more. You will understand the basics of Scenic modes, Program mode, Aperture Priority, Shutter Priority, Manual modes, Depth of Field, ISO and more. This course is mainly a hands-on class, so bring your DSLR or Point and Shoot, its manual, batteries and memory cards to every class. A \$15 supply fee is due to instructor. Theodore Salamone instructs. Class Fee: \$70

#108506 May 10-24 T 6:30-9:30pm

## **Photography – Beginning Darkroom**

Age: 13yrs and up. Learn how to process black and white film and print your own pictures. Printing processes, composition, and shooting techniques are explored. Students will need their own 35mm or medium format camera. Upon completion of first four classes, students become eligible to purchase a darkroom studio card. Students must attend first class. Instructor will inform students of specific supplies. Includes all chemicals. This class is for ages 13 and up; students 13-15 must be accompanied by a registered adult taking the class. Class Fee: \$105

#107861 May 5-Jun 9 Th 7:00-9:30pm



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## **Photography – Intermediate Darkroom**

Age: 13yrs and up. A 6-week class designed for anyone with basic darkroom skills who would like to advance to the next level. Emphasis will be on creating a new body of work consisting of images that are related in a meaningful way. The bulk of the class will be spent on supervised printing with breaks for critique and troubleshooting. (Bring: B&W negatives and photographic paper chemicals included) Students must attend first class. This class is for ages 13 and up; students 13-15 must be accompanied by a registered adult taking the class. Class Fee: \$105

#107864 Jun 16-Jul 21 Th 7:00-9:30pm

## **Photography – Night and Low Light**

Age: 16yrs and up. Enrollees will learn how to shoot in low light by balancing ISO, aperture and shutter settings to produce the best exposures possible with the least amount of digital noise. We will explore white balance settings for images shot under mixed color temperature lights, and how to drag the shutter in Manual mode. From capturing the final rays of the 'Golden Hour' to using tripods and remote shutter releases, students will learn techniques to achieve a creative balance between environmental artificial lighting and the waning light needed to produce a blue sky. Enrollees will learn how to autofocus in low-contrast settings, second curtain procedures, long exposure techniques and more. Ted Salamone instructs. Bring camera, camera manual, external flash and manual (if you have them), extra batteries, tripod optional. \$15 dollar supply fee is due to instructor for software and related materials. Class Fee: \$70

#108509 Jul 28-Aug 4 Th 6:30-9:30pm

## **Photography – Sports Photography**

Age: 16yrs and up. If you love the action and excitement of sports and want to learn how to capture the action then this is the class for you! The first class will be explaining how to photograph and set up for shooting sports. The second will be shooting a game, sports event and location will be provided the in the first class. The third will be printing photos, all students my have experience in black and white photography and development. This is not a darkroom instruction class. Students should bring film already processed ready to print, chemicals included. The forth will be a review of work. Students must provide their own transportation to the sporting event and be prepared to pay an entrance fee. Prerequisite: Must have your own 35mm camera, black and white film and experience printing images in the a darkroom. Beatrice Yaxley instructs. Class Fee: \$70

#109887 Jun 28-Jul 19 T 6:30-9:30pm

## **Photography – Photo Field Trips**

Age: 16yrs and up. In the Triangle, NC's dynamic region, explore the cities, sights and sounds while creating memorable photographs. More than a souvenir, a photography class with a sampling of regional flair. Visit some of areas most exciting locations, off-the-beaten path neighborhoods, and picture perfect locations—just a short drive from the city, all thru the eyes of a photographer. Sertoma Photo Field trips are for visitors to the city and residents who want to explore their own backyard, and learn some creative photo techniques along the way. Take all the workshops or just one or two. Each has its own unique topic and views. Patrons are required to drive to each location on their own and they may be required to pay an additional entrance fee if required by the location. Bring camera, extra batteries, camera manual, empty memory cards, and external flash and tripod (optional).

Ted Salamone instructs. Class Fee: \$40

### **Yates Mill Pond – Landscape – Raleigh**

#108510 May 7 Sa 9:00am-1:00pm

### **Duke Homestead – Architecture (Durham, NC)**

#108511 May 14 Sa 9:00am-1:00pm

### **Downtown Raleigh – High Dynamic Range Architecture**

#108512 Jun 18 Sa 9:00am-1:00pm

### **Butterfly House – Macro – Durham, NC**

#108513 Jun 25 Sa 9:00am-1:00pm

### **Raleigh Warehouse District –Urban Portraits – Live Model**

#108514 Jul 9 Sa 9:00am-1:00pm



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## **Photography – Telling the Story**

Age: 13yrs and up. This course is designed to help you tell stories about the people you care about through black and white photography and interviews. Be it friend or family, everybody has a story! Whose story do you want to tell. Students will conceptualize how to capture each unique story in 3-5 images. Basic darkroom photography required. You will not be getting darkroom instruction. Photo chemicals are supplied students must supply their own camera, film and print paper. Students ages 13-15 must be accompanied by a registered adult. Jamaica Gilmer instructs. Class Fee: \$105

#108532 Jul 27-Aug 31 W 6:30-9:30pm

## **Pottery – Electric Kilns: Setup and Maintenance**

Age: 16yrs and up. This workshop is designed for potters who are considering buying an electric kiln and for those who own one and want to learn how to get the most use out of it. Types of electric kilns, features, site selection, firing cycles and safety are covered. (This class does not qualify for studio card purchase). Randy Hinson instructs. Class Fee: \$40

#107955 Aug 27 Sa 10:00am-12:30pm

## **Pottery – Handbuilding: Beginning**

Age: 16yrs and up. This class explores techniques including pinching, coils and slabs, including an overview of ceramic materials and glazing. Classes provide demonstrations and individual work time with instructor guidance. Students are encouraged to practice between class sessions and will have free access to Sertoma's well-equipped studio. New students may not miss more than two classes and must attend the first class and the glazing class (approximately 5 week), in order to qualify for a studio card. Students will purchase materials at first class (approximately \$42). All skill levels welcome! This is a 7-week class. Instructors: Ali Sobel-Read (Winter/Spring), Tim Cherry (Summer). Class Fee: \$95

#107950 May 16-Jul 11 M 7:00-9:15pm

#107951 May 17-Jul 12 T 10:00am-12:15pm

## **Pottery – Mechanics of Glaze Mixing**

Age: 16yrs and up. Tens of thousands of pottery glaze recipes are available to contemporary potters in books, magazines, and on the internet. In this workshop you will learn how to take those formulas, create a usable batch size and prepare glazes for your pots. Important topics of discussion include calculating glaze materials needed, necessary equipment to formulate and prepare the glaze and safety precautions. No previous glaze mixing or formulation skills are necessary. This workshop does not qualify students for a studio card. Bring a bag lunch or snack. Randy Hinson instructs. Class Fee: \$45

#107954 May 14 Sa 10:00am-2:00pm

## **Pottery – Terra Sigillata**

Age: 16yrs and up. Terra Sigillata is an ancient surface treatment that was widely used as means of sealing the surface and making it non-porous. In contemporary ceramics it is used as an alternative to glazing. It produces velvety surfaces that still feel like clay. If you are intrigued by this technique, then this workshop is for you. We will start with a short historical slide presentation followed by a demonstration of how to mix and use terra sigillata. Sgraffito technique will also be covered at the end of the workshop. Students should bring 4-5 smaller bone dry pieces to the workshop and a bag lunch. All potters are welcome but this workshop does not qualify new potters for a studio card at Sertoma. Sasha Bakaric instructs. Class Fee: \$48

#107957 May 21 Sa 10:00am-2:30pm

## **Pottery – Wheel Throwing Continuing**

Age: 16yrs and up. This class is designed for those who have taken beginner wheel and need further refinement in basic throwing skills in order to progress to more challenging levels. It also serves as a 'refresher' course for students who have previously taken throwing classes and have not thrown for some time. Class includes studio and safety orientation which is necessary to qualify students for a studio card. Experienced potters who are new to Sertoma are welcome. This is a 7-week class. Tina Granville instructs. Class Fee: \$95

#107949 Jun 1-Jul 20 W 10:00am-12:15pm



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### **Pottery – Wheel Throwing: Beginner**

Age: 16yrs and up. This course introduces students to the basics of 'throwing' pottery, provides them with an understanding of ceramic terms, processes, and knowledge needed to use the pottery studio safely and independently. Topics include centering clay, throwing basic forms, handles, and glazing. Sessions include demonstrations and practice time under the guidance of the instructor. Students are encouraged to practice between class sessions and have free access to Sertoma's well-equipped studio. New students may miss no more than two classes and must attend the first class and the glazing class (approximately 6th week), in order to qualify for a studio card. Purchase materials at first class (approximately \$40). This is a 7-week class. Instructors: Tina Granville or Randy Hinson (days and Summer only). Class Fee: \$95

#107945 Jun 16-Jul 28 Th 10:00am-12:15pm

#107946 May 31-Jul 19 T 7:00-9:15pm

### **Pottery – Handbuilding: Advanced**

Age: 16yrs and up. Through a combination of demonstrations and individual work time, students will further develop their hand-building skills while making distinctive pieces including planters, unique boxes and tile. The variety of construction techniques used will include soft slabs, stiff slabs, and coils. Students will learn to add flair and professionalism to their pieces by adding finishing touches such as feet and handles. This class will also help individuals develop and express their own unique style through clay! Prerequisite: Beginning Handbuilding class at Sertoma or Pullen Arts or comparable experience. Students who are new to Sertoma must attend the first class which covers safety and studio orientation as well as the glazing class (approximately 5th class) in order to qualify for a studio card. This is a 7-week class. Ali Sobel-Read instructs. Class Fee: \$95

#107953 Jul 25-Sep 5 M 7:00-9:15pm

### **The Art of Woodcarving**

Age: 16yrs and up. Students will be given hands on instructions in all projects, which include: Whittling a Whirli-gig, carving an animal, a Spoon, Chip carving, a Relief picture, and a special project to show your artistic abilities. Safety, Tool Sharpening, best carving woods, and where to purchase materials will be covered. Students: Please bring a black (only) Xacto Knife to class. Experienced carvers bring your carving knives Students will pay the Instructor a total of five dollars for the Animal blank, the wood for all projects, and patterns used in class. \$5 supply fee due to instructor on first class.

Fred Zinn instructs. Class Fee: \$56

#108537 May 2-Jun 6 M 10:30am-12:30pm

### **WORKSHOP – Oil Pastels Fast and Fabulous**

Age: 16yrs and up. Oil pastels are crayons for the artist. Students are introduced to a simple resist technique using oil pastel and ink. Using professional grade materials, you will learn wonderfully creative applications. If you can color between the lines, you can create art in oil pastel. Join us for this fun workshop. Bring \$10 payable to instructor for materials. Bring a lunch or snack and an old shirt/smock. Jamie Miller instructs. Class Fee: \$40

#109176 Jun 25 Sa 10:00am-2:30pm

### **Exercise – Kripalu Yoga Beginning**

Age: 16yrs and up. Yoga is an ancient art that combines postures for the body, breathing for relaxation, and meditation for the mind. Kripalu Yoga is a gentle yoga that encourages students to discover their own degree of flexibility rather than push past their limits. Before undertaking any exercise program one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. Susan Kilmon instructs. Class Fee: \$40

#107004 May 2-Jun 6 M 6:00-7:00pm

#107001 Jun 13-Jul 18 M 6:00-7:00pm

#107005 Jul 25-Aug 22 M 6:00-7:00pm

#107002 May 2-Jun 6 M 7:00-8:00pm

#107006 Jun 13-Jul 18 M 7:00-8:00pm

#107003 Jul 25-Aug 22 M 7:00-8:00pm

#107008 May 3-Jun 7 T 12:00-1:00pm

#107009 Jun 14-Jul 19 T 12:00-1:00pm

#107010 Jul 26-Aug 23 T 12:00-1:00pm



# Summer Teen Programs The Sertoma Arts Center

1400 W Millbrook Rd.  
Raleigh, NC, 271612 (919) 420-2329

## Exercise – Kripalu Yoga Continuing

Age: 16yrs and up. This course is a continuation of Kripalu Yoga beginning class. Student's should have taken the beginning class or have yoga experience. Before undertaking any exercise program one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. Susan Kilmon instructs. Class Fee: \$40

#107014 May 4-Jun 8 W 7:00-8:00pm  
#107015 Jun 15-Jul 20 W 7:00-8:00pm  
#107016 Jul 27-Aug 24 W 7:00-8:00pm  
#107013 May 5-Jun 9 Th 12:00-1:00pm  
#107017 Jun 16-Jul 21 Th 12:00-1:00pm  
#107018 Jul 28-Aug 25 Th 12:00-1:00pm

## Exercise – Meditation

Age: 16yrs and up. Practice the art of inner listening and discover how insight and meditation can help you feel truly alive and connected with the treasure each moment brings. Bring a firm pillow and either a mat or blanket to each class. Susan Kilmon instructs. Class Fee: \$40

#107019 May 4-Jun 8 W 6:00-7:00pm  
#107020 Jun 15-Jul 20 W 6:00-7:00pm  
#107021 Jul 27-Aug 24 W 6:00-7:00pm

## Exercise – Nia

Age: 13yrs and up. Nia explores the body, mind, emotion, and spirit connection in a non-impact practice that combines martial arts, dance, and healing arts. It delivers a safe, effective cardiovascular workout with total body conditioning adaptable to all fitness levels. Before undertaking any exercise program one should consult a physician. To learn more visit [www.trianglenia.com](http://www.trianglenia.com). Instructors: Julie Ihrig, Laura Ghantous, or Deana Challis. Class Fee: \$64

#106886 May 3-Jun 21 T 9:30-10:30am  
#106887 Jul 12-Aug 30 T 9:30-10:30am  
#106888 May 6-Jun 24 F 9:30-10:30am  
#106889 Jul 8-Aug 26 F 9:30-10:30am  
#106891 Apr 30-Jun 25 Sa 10:00-11:00am  
#106892 Jul 9-Aug 27 Sa 10:00-11:00am  
#106893 May 5-Jun 9 Th 7:00-8:00pm  
#106894 Jun 16-Jul 21 Th 7:15-8:15pm  
#106895 Aug 4-Sep 1 Th 7:15-8:15pm  
#107541 May 5-Jun 9 Th 10:00-11:00am  
#107542 Jun 16-Jul 21 Th 10:00-11:00am  
#107543 Jul 28-Sep 1 Th 10:00-11:00am

## Exercise – Zumba at Sertoma

Age: 12yrs and up. Zumba is all about partying your way to fitness! ALL fitness levels enjoy this perfect blend of dance and exercise. You will have so much fun that you won't even realize that you're burning up to 1000 calories per class! We'll explore Salsa, Samba, Cumbia, African Dance, belly dance, and more—in a fun and easy to follow format. Usually two songs will be especially devoted to toning our upper bodies while we are dancing. Instructors: Rachelle Duvall (Winter/Spring) and Karen Coates (Summer). Class Fee: \$40

#109166 May 2-Jun 6 M 10:30-11:30am  
#109165 Jun 13-Jul 18 M 10:30-11:30am  
#110203 Aug 1-29 M 10:30-11:30am